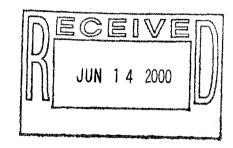


Office of Special Nutritionals (HFS-450) Center for Food Safety and Applied Nutrition Food and Drug Administration 200 C Street, SW Washington, D.C. 20204



June 2, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of product Chrom-Adyl Surge Capsules (dietary ingredients: Chromium, BMOV & Vanadyl Sulfate). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

A Dietary Supplement which assists glycogen production and storage.

Sincerely,

Mark Gaeta

Chief Operating Officer

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